

Information 8h relay, Sunday, 08.10.2023

Date	Sunday, 08. Oktober 2023
Venue	arena geisingen, Am Espen 16, 78187 Geisingen
Start	08.00 a.m
Ende	04.00 p.m
Teammeeting	07.30 (mandatory for team leaders)
Participants	Athletes year 2009 and older
Limit of participants	maximum 12 teams
Inscription	by email to info@arena-geisingen.de – please add the name of the team and the names of the athletes (name and year of birth)
Confirmation	by email
End of inscription	25.09.2023 or by reaching the limit of teams The change or late inscription of teammates is possible until 07.10.23, 6 p.m.
Inscription fee	EUR 30.-€/ per person

The inscription fee is payable together with the inscription, by bank transfer to the following account

arena geisingen GmbH

Sparkasse Schwarzwald Baar

IBAN: DE85 6945 0065 0150 9818 95

BIC: SOLADES1VSS

Purpose of payment : 8h relay, teamname and name of participant

Award ceremony	honor for the first three places, certificate for all participants
catering	arena geisingen will provide Iso drinks and fruits for free warm food will be offered in the arena restaurant
Training	training on the track Friday between 7.30 and 9 p.m. (for free)
Accomodation	we can offer accomodation in the arena gästehaus or villa arena Information and reservation to info@arena-geisingen.de

Rules

- Maximum of 12 athletes per team
- Only one teammember is allowed to be on the track
- the mode of change is to be determined by each team itself, but at least 2 laps have to be done, before change
- A maximum of 4 athletes per team are allowed to stay in the infield of the track
- Helmets are mandatory.
- The change has to be done in the official exchange zone, by touching the teammate
- Right after a change, the track has to be left.
- In the first 5 minutes and the last 5 minutes of the competition, a change is not allowed
- All teams have to be recognizable by same clothing
- Violation against the rules, will be punished by additional counting of laps

You don't have a team to start with? Please contact us and we will try to find a team for you.